# The Lions' Pride

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# Introducing Eric Weekes as VP of Business Affairs

By Jessica Miller
Layout Editor

Eric Weekes has covered many miles in his education and career: from his birthplace of Barbarous, to obtain his Bachelor's and Master's in N.Y., to multiple jobs in N.Y., Okla., and Fla. His analytical thinking and his skills in finance have brought him to the University, where he now serves as the Vice President of Business Affairs.

Weekes' position includes managing the University departments of law, University Technology Services, risk management, construction and maintenance, and human resources. He also has a role as the overseer to University finances. It's not an easy job, but Weekes has the experience to back up his skills. For 15 years, Weekes aided the financial department of General Foods, which eventually merged into Kraft-General Foods and is currently known as Kraft Foods Group Inc.

Afterward, Weekes stayed for three years as the Treasurer of Illinois Power to help the company understand the competition mindset. Eventually, he made his way to the Sunshine State by becoming the Chief Financial Officer of Embry-Riddle Aeronautical University for the following decade. Saint Leo was the next stop in Weekes' career path, and he says that choosing the Vice President position came because of the many attractions of the University:

"The things that attracted me (to the University) were the strength of the leadership, strong values, the focus on performance (and) executing, and on delivering on the promises," said Weekes. Weekes is not all work and no play though; he also participates in the volunteer programs of Big Brothers Big Sisters and Rotary International. He enjoys helping others temporarily forget their devastating situations and guiding them toward a better and more prosperous future. Weekes offers this advice to graduate and undergraduate students:

"You won't go wrong following your passion, and it times time to develop that. You respond to things that you learn. That will often lead to success. Find out what is required to be successful in that (job/ goal), so people will see you and you will be noticed as successful."

Photo courtesy of University Communicatoins

The six values that are the core to the University govern people's decisions and how they do things.

# Dramaturgy Program to Have Temporary Instructor

By Craig Graves
Staff Writer

Photo provided by Owen Robertson

Robertson has twenty-two years of theater experience. These twenty-two years include acting in, writing and directing a substantial list of productions.

Three years ago the theater specialization became a dramaturgy specialization under Associate Professor Dave McGinnis. With his departure in July, the English department is working to provide coverage for the specialization until a new faculty member can be hired. Owen Robertson, a former University graduate, will be assisting in this endeavor by taking over the Shakespeare Tour.

Robertson has twenty-two years of theater experience. These twenty-two years include acting in, writing and directing a substantial list of productions varying from musicals such as "Joseph and the Amazing Technicolor Dreamcoat" and "Sweeney Todd," dramas such as "Deathtrap" and "Time Stands Still," comedies such as "The Odd Couple" and "Chapter 2," classical plays such as "Macbeth" and "The Importance of Being Ernest," and original works such as "Behind the Gates." Some productions he has directed include "Jesus Christ Superstar," "Blithe Spirit," "The Crucible," and "Zoo Story." So far he has written three works.

"The dramaturgy specialization is one of three that English majors can choose from. As part of this major, this specialization offers students a variety of the professional skills and experience needed to either graduate studies or professional work in the theatre," said Dr. Elisabeth Aiken, chair of the English department.

Now that McGinnis is no longer the head of the dramaturgy specialization, the School of Arts and Sciences is working to find a replacement, with Robertson temporarily filling the role.

Robertson's status as an Alumni of the University and his successful professional career in theater played a significant role for him to be hired in the temporary position to direct the Shakespeare Tour.

"It is a tremendous feeling to be returning to Saint Leo. Being given the opportunity to give back to Saint Leo after all that I gained from it is an honor," said Robertson. "It is my goal to give the students the experience of working on a touring production and to provide them some exposure to work in a professional theatrical environment."

Many students have taken part in the dramaturgy classes and the productions, which range from melodramas like "Dirty Deeds at the Depot" to comedies like "The Coarse Acting Show" to morality plays like "Everyman." Each play provides students with experience in a wide range of performance styles. The upcoming production of "A Midsummer Night's Dream," dubbed the Shakespeare Tour, will give students the experience of a traveling production.

"The [Shakespeare] tour is a way to bring the performing arts to underserved communities and schools, particularly more rural schools, so that area children and students could be introduced to the arts," said McGinnis.

The Shakespeare Tour will be touring to four different venues later this fall starting at the University on Oct. 24 and 25 in Selby Auditorium.

McGinnis will not be present to see the Shakespeare Tour through to fruition. During the summer, he was offered and he accepted a position as an Instructor of Theater at Bay College in Escanaba, Mich. Brook McGinnis, his wife and Affiliate Faculty with Admissions for the School of Arts and Sciences, also left the University with him. Both of the McGinnises have had a huge impact on the students with whom they worked.

"After being taught from the best it is truly heartbreaking to see them go, but I know that they will bring happiness to their new students," said Senior Kelsii Elaine.

Now with a temporary leader of the Dramaturgy, the future of the program is a little less uncertain.

"I would like to expand the Shakespeare Tour to more than just Shakespeare," said Robertson. "There are several theater festivals in the area that the dramaturgy specialization should be seeking to participate in. I would also like to see the production of student written works to further the work of the dramaturgy specialization."

# Campus News

## The Clichés of Cleaning

By Craig Graves
Staff writer

There is a clichéd notion that "one man's trash is another man's treasure." In some instances this may be true, but in others it is completely false. One such instance of the latter I have discovered is working over the summer as a housekeeper cleaning the residence halls on campus. The job is not pretty or easy but it has to be done, so I am here with a few cleaning tips to help make housekeeping's job easier and help you stay happy and healthy.

**All that Glitters is not Gold:**

Many students may love the sparkle and pizzazz that glitter can bring to their projects, makeup and costumes, but glitter is a pain to clean for one simple reason: it gets everywhere and sticks to everything you don't it to stick to. Glitter is hard to miss in terms of sight but easy to miss with a vacuum or a damp cleaning rag. With said damp rag, some glitter is collected as intended, but is soon deposited on another surface when that glitter-plagued rag is used to clean again. Vacuums blow air out through vents to keep from overheating, this air in turn can disrupt the resting glitter and circulate it around the room, thus making a bigger mess.

One way to help prevent the mess of glitter, other than simply not using glitter, would be to apply glitter to the desired object while on a large sheet of paper or a paper plate. Should any glitter be spilled, it would end up on the paper or the plate and not in drawers, on the floor, or in your eyes and skin. Once your glitter project is finished all you have to do for cleanup is fold the paper with the glitter inside of it or take the plate of excess glitter and slide it carefully into a proper trash receptacle.

**It Takes a Lot to Break this Mold and Mildew:**

Florida is notorious for rainy weather, which means there will be mud and wet clothes—both of which could lead to mold growth in some buildings, like the open-air halls of Rodrick and Alumni. Florida is also hot and humid, urging students to make full use of their air conditioning units to find reprieve from the sticky heat outside.

It is important for students to pay attention to the walls, floors and ceilings in their rooms for any water or mold. Both of these can cause serious damage to the buildings and are generally unhealthy to live in. Plant Operations went through all of the student housing buildings and treated the rooms where mold was found, but this does not mean that the mold is gone for good. If students do find mold growing in their rooms they should immediately contact Plant Operations to have the problem corrected.

**Airing Dirty Laundry and Trash:**

I'm very sorry to tell you all this, but your drawers are not trash bins. Please, do not use them as such. During the initial cleanings of the buildings, I found many odd things in drawers ranging from food and wrappers, clothing tags, receipts, nail clippings, hairs of various lengths, bits of fabric, to dead insects. I can't imagine anyone being alright with their presumably clean clothes being stored in drawers that house filth.

The easiest and most effective way to clean dirty drawers is to take the contents that is meant to be in there out and wipe the inside of the drawers, thoroughly a few times with a damp paper towel. Afterwards, drag your hand along the inside of the drawer to determine if anything was not picked up already. If anything is left, wipe the inside again. After the drawers have dried, you may place the desired contents back inside. To stay on top of the dirt, dust, and hair that will always be trying to invade your drawers, I suggest you clean them at least twice a month.

**Give Yourself a Clean Bill of Health:**

Two things in your residential homes that desperately need to be cleaned regularly are the microwave and the refrigerator. I couldn't tell you how many rooms had microwaves with exploded red sauce and food left on the glass turntable best described as greasy and crusty, or refrigerators coated from spilled liquids, hair and dust. Do you want to eat something with mysterious hair or week-old leftovers in it? Food also attracts pests including ants and cockroaches, which in turn attract spiders. Cockroaches, the most common insect found while cleaning the residence halls, can carry diseases that affect the intestinal tract; while mold affects the respiratory system and can trigger asthma attacks. Both of these appliances are tricky to clean because you need to make sure the chemicals you used to clean them don't leave behind any hazardous residue that could poison your food and subsequently you.

For the microwave, take cleaning products and wipe the inside walls and ceiling thoroughly. You may need to scrape at some food particles to get them off of the interior surfaces. Once this is done, wash the glass turntable as you would any other dish: by hand in the sink with dish soap and a sponge. Again, make sure you wipe, wash and dry it thoroughly to remove any debris and soap residue from it.

I suggest cleaning your refrigerator when it's empty to avoid any risk of contaminating food. Before you clean a refrigerator, make sure there is no ice in the freezer. If there is ice, dump it out in a sink and run warm or hot water over it to melt it down the drain. Ice in a filthy freezer is not safe to use and melting it down in a sink with warm water is one of the fastest ways to get rid of the bad ice. Just as before, while cleaning the

*Cleaning continued...*

microwave,

wipe out the interior walls and surfaces thoroughly a few times starting at the top and working your way down. To help remove stains from the inside of the refrigerator, use a sponge to scrub at the stain with small dab of dish soap. Once you are certain you have removed all of the dust, hair and stains in your refrigerator, dry it out. The best way to keep your refrigerator and

*Continued on Page 8*

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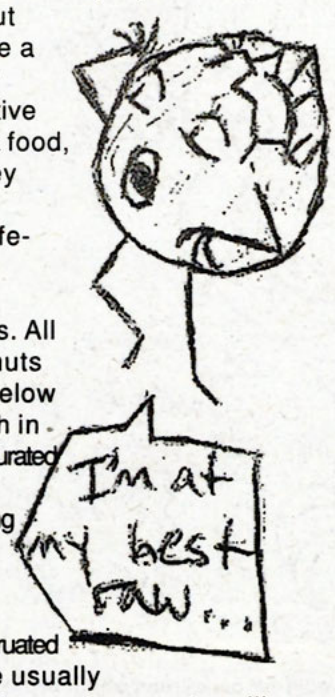
# Health

## Nut-Thing Healthier: Benefits of Nuts

By Annie Hays
Entertainment Editor

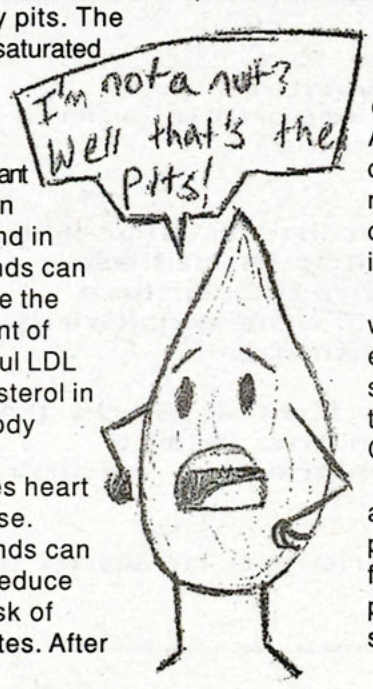
Everyone has grown up hearing parents and health teachers tell them to eat their fruits and vegetables. However, there are many other kinds of healthy foods people should incorporate into their diets. One healthy food group that is generally ignored is nuts.

People tend to associate nuts with peanut butter and trail mix, not as major part of one's diet. But nuts are a healthy alternative for junk food, and they provide some life-saving health benefits. All of the nuts listed below are high in monosaturated fats. According to the Mayo Clinic, monosatruated fats are usually liquid at room temperature like olive and peanut oil, and while their unhealthy relative saturated fats like butter cause heart disease, monosaturated fats reduce heart disease by reducing cholesterol. Here are eight of the healthiest nuts that are readily available all year long. All information on almonds, peanuts, walnuts and cashews comes from Whfoods.com which is run by the George Mateljan Foundation, a non-profit foundation dedicated to helping people eat healthier.




Almonds:

These nuts actually aren't nuts at all, but seeds of the almond tree. They are seed pits found inside fruit like peach and cherry pits. The monosaturated fats and the antioxidant vitamin E found in almonds can reduce the amount of harmful LDL cholesterol in the body which causes heart disease. Almonds can also reduce the risk of diabetes. After a meal, blood sugar levels rise, and over time these rises cause diabetes. But the antioxidants found in almonds can reduce these surges to stave off diabetes.



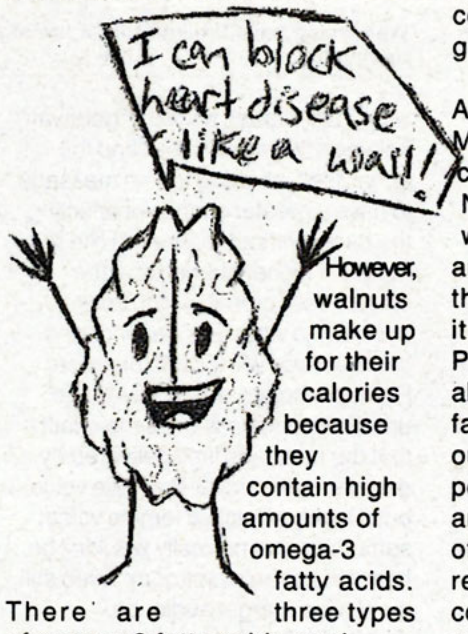

"I like all kinds of nuts, but my favorite is almonds in trail mix," said Freshman Matt DeDominicis.

Besides the health benefits, almonds are popular for being one of the most flavorful and readily available variety of nut.

"I love smoked almonds because they play a huge impact on my diet. They provide a lot of the nutrients I would be going without from the little amount of meat I eat daily. Plus I am lactose intolerant so almond milk is a lifesaver," said Senior Elizabeth Panek.

Cashews: The cashew nut grows in a hard shell sticking out of the cashew apple native to northern Brazil. They contain high amounts of copper, which is a main ingredient in enzymes. Enzymes perform essential chemical processes in the body including elimination of free radicals in the bloodstream that cause heart disease.

Walnuts: Walnuts are a high calorie snack, so they need to be eaten in moderation.



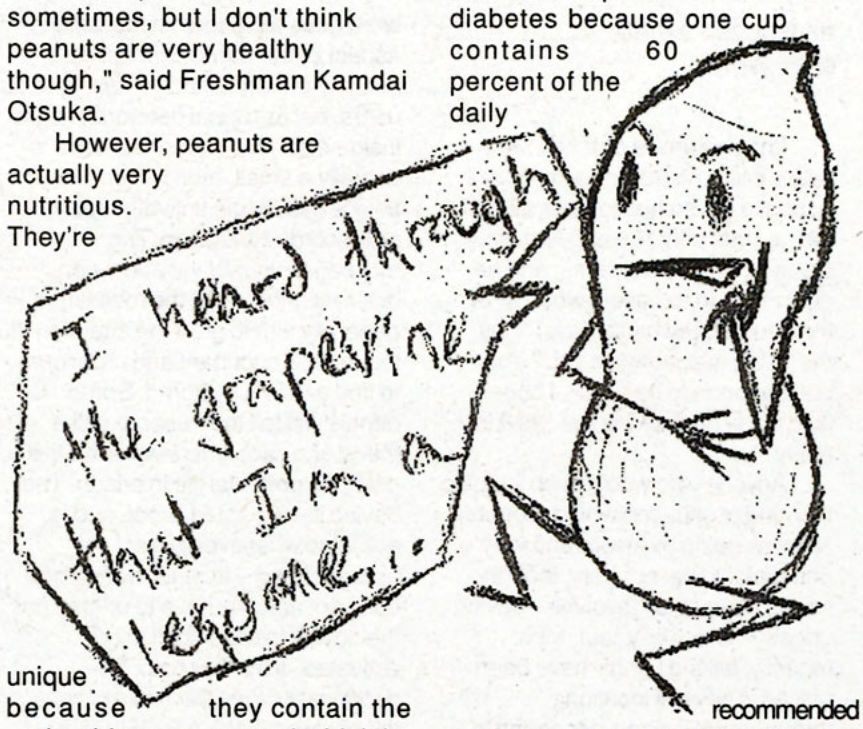

However, walnuts make up for their calories because they contain high amounts of omega-3 fatty acids. There are three types of omega-3 fatty acids, and while all three are needed in the human body, the body can only make two of them on its own. Walnuts are rich in the omega-3 that humans cannot make, called Alpha- Lipoic Acid or ALA. Walnuts also benefit the cardiovascular system by reducing platelet build-up which causes heart disease, and ALA is needed in red blood cells.

"I love chocolate covered walnuts and pistachios. I don't eat them on a daily basis, but I should eat more nuts since they're so healthy," said Junior Claudia Pierre.

Peanuts: Peanuts are actually legumes like beans and peas. Legumes are a kind of dry fruit that grows inside a shell or pod, like a pea pod or peanut shell.

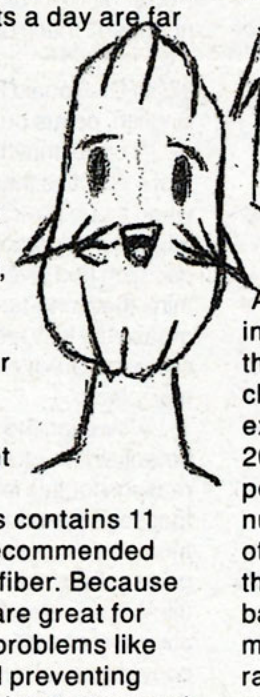
"I love peanut butter sometimes, but I don't think peanuts are very healthy though," said Freshman Kamdai Otsuka.

However, peanuts are actually very nutritious. They're unique because they contain the anti-oxidant resveratrol which is found in red wine and grapes. This anti-oxidant is believed to be the reason the average Frenchman, who eats a lot of saturated fat but drinks a lot of wine, is more likely to live longer and have lower risk for heart disease than the average American. It has also been proven that women who eat one ounce of peanuts a day are far less likely to contract gallstones.



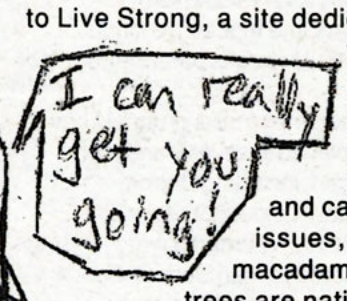

Pecans: According to Michael Barrett, co-founder of Naturalsociety.com, while pecans are high in fat, they make up for it in fiber. Pecans are about 70 percent fat but only one ounce of pecans contains 11 percent of the recommended amount of daily fiber. Because of this, pecans are great for relieving bowel problems like constipation and preventing problems like colon cancer and hemorrhoids. Conveniently for Americans, unlike many of the other nuts listed in this article, pecan trees are native to North America and more accessible.

Pistachios: Pistachios are originally from western Asia but have been grown in the Mediterranean region for thousands of years. Like almonds, they help reduce the amount of LDL cholesterol in the body to reduce heart disease. According to Healthdiaries.com, pistachios can also help reduce the risk of diabetes because one cup contains 60 percent of the daily recommended amount of the mineral phosphorous. Phosphorous aids in glucose tolerance.




"I love almonds, walnuts, pecans, and pistachios. I know some nuts are really healthy because they have lots of protein and omega-3's," said Freshman Christian Mata.

Macadamia Nuts: According to Live Strong, a site dedicated to helping people with diet and cancer issues, macadamia trees are native to Australian rain forests but grow in areas of the Pacific Islands that have lush, rainforest-like climates. Macadamia nuts have extremely high calorie count at 200 calories per ounce. Most people tend to only eat these nuts in baked goods or some other dessert-type snack, and they lose nutritional value when baked. However, when macadamia nuts are consumed raw one ounce contains ten percent of a person's daily fiber needs.




Hazelnuts: Hazelnuts have a lot of energy packed into each little nut. One ounce of hazelnuts contains four grams of protein, five grams of carbohydrates, and 178 calories. Hazelnuts also contain a chemical called oleic acid. This chemical lowers the amount of harmful LDL cholesterol and raises the amount of healthy ADL cholesterol in the body, according to Live Strong.

Photos drawn by Craig Graves

# World News

## Urinals Try To Give Safe Advice... Literally!

By Nicholas Santos
Staff Writer

Imagine this: a drunken man walks into a restroom, and he really needs to go, so he wobbles over to the nearest urinal he can find. He leans in, unzips his pants, and he gets ready to release—when all of the sudden, the urinal says, "Hey there, big guy, how are you? You don't happen to be drunk, I hope. Had a few drinks? Maybe a few too many?"

Anyone who would even imagine this kind of situation would probably see it as being awkward and very unusual. On the contrary, though, what this situation involves – talking urinals – is actually real. Most recently, talking urinals have been placed in several locations throughout Michigan, according to CBS News, for a very special reason: to reduce the number of drunk drivers on Michigan roads.

The urinals were created by Heathquest Technologies, Inc., a company which finds "success through innovation," and a company which is familiar with using urinals in innovative ways. Their new product also has a very fitting name: Wizmark, the Interactive Urinal Communicator. As part of a Fourth of July educational/enforcement effort this year, these talking urinals have been placed in several areas in Michigan, including Detroit, Michigan's most populous city.

Mainly, Wizmarks were distributed to members of the Michigan Licensed Beverage Association (MLBA), the state's first and only bar/tavern owners' group, which was founded in 1939. The majority of the bars which now feature these talking urinals are actually owned by members of the MLBA.

"The MLBA's purpose is to improve the business climate for its members by playing a pro-active role with state and local legislative processes," says a description on the association's website.

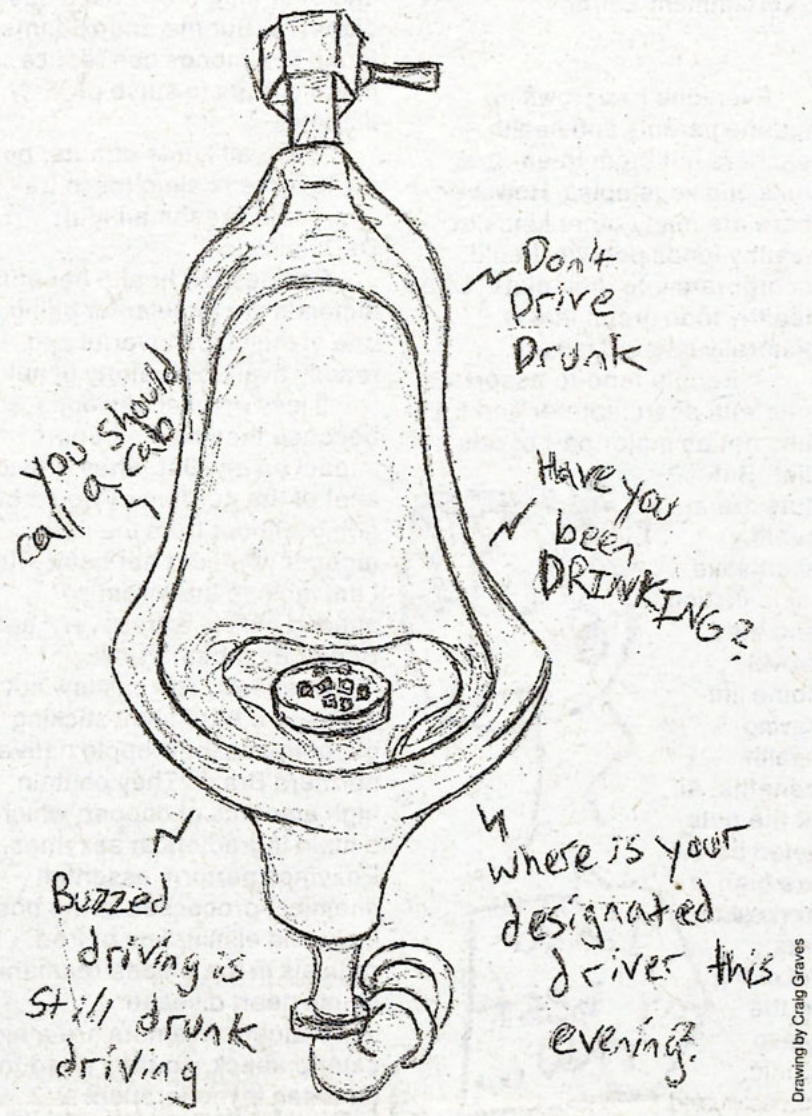
The way these talking urinals work goes a bit against the 'talking' aspect of the name, since it isn't actually the urinal that is talking to its users, but the urinal deodorizer cake inside of it. This deodorizer cake is actually a small, motion-sensing device that, when activated, plays a pre-recorded message. The messages usually vary between different urinals, but the messages generally aim to grab the attention of the urinal's occupant and urge them to find a safe way home. Some urinals will tell their user to call a friend or a cab; others will warn the user of a potential life in prison. The device itself is liquid-proof, and is activated whenever a user approaches it – in other words, one does not actually have to urinate on the device in order for it to be activated. To further help, the deodorizer cakes themselves have the phrases CALL A RIDE, GET HOME, and SAFE written into them.

To some, this system may seem ineffective. Realistically, it is always possible that drunken patrons will not listen to the talking urinals or heed their warnings at all. Some may simply curse at the urinal as if it's just another human being and leave. There's also the chance that the urinal may not even be used at all. Additionally, a voice coming from a urinal isn't much different from that of a concerned bathroom attendant after all, as Dr. Donald Pharr, Professor of English, points out.

"I doubt that they would be any more effective than in the old days when a public restroom attendant might ask a person the same question and give the same advice. I think their long-term purpose is to grease the way for recorded commercial advertisements to take their place."

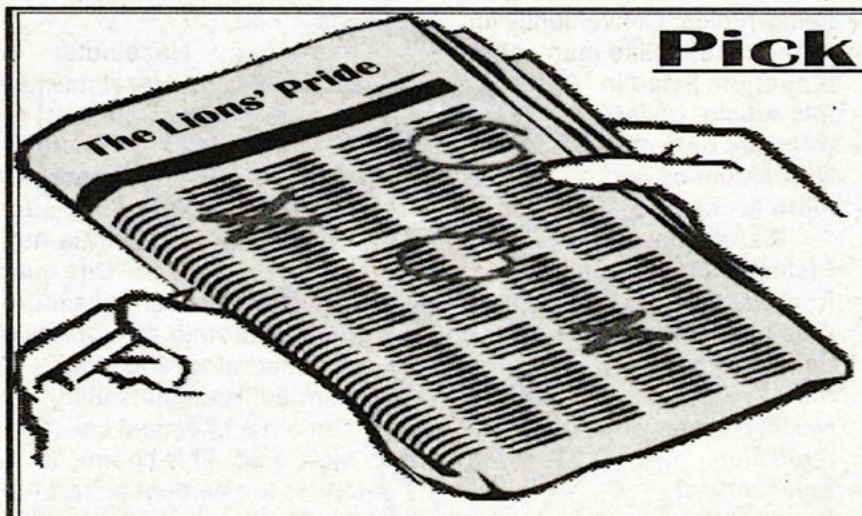
However, the system could also potentially be effective. One of the reasons for this is the actual message the urinal plays, which has more structure, believability and genuineness than one might first think. The pre-recorded message will always start with a very friendly, conversational tone – for example, the urinal will ask how the user's day was. This creates a sort of "gateway" between the urinal's user and the urinal itself, allowing for the message to have a greater chance of affecting the user. Without a greeting like this, there's a higher chance that the urinal's user probably won't pay attention to what he's hearing, and the message will lose its purpose. Perhaps the greatest asset to the urinal's message is the simple fact that the message isn't delivered by a generic, commercial-like male voice, but a highly attractive female voice: something that normally wouldn't be heard in a men's restroom. Even still, the device's target audience – drunken men – is seemingly more than likely to not listen to these warnings in the first place, particularly because men are three times more likely than women to drive while drunk in the state of Michigan.

Regardless of how efficient or inefficient the idea of an advice-giving urinal might be, it is clear that Michigan desires to, at the very least, take a step in the right direction when it comes to drunk drivers. This might even convince other states to follow the same path. With any success, these talking urinals may just help change minds—and save lives.




Drawing by Craig Graves

**Who would have thought that a urinal would be concerned about drunk driving?**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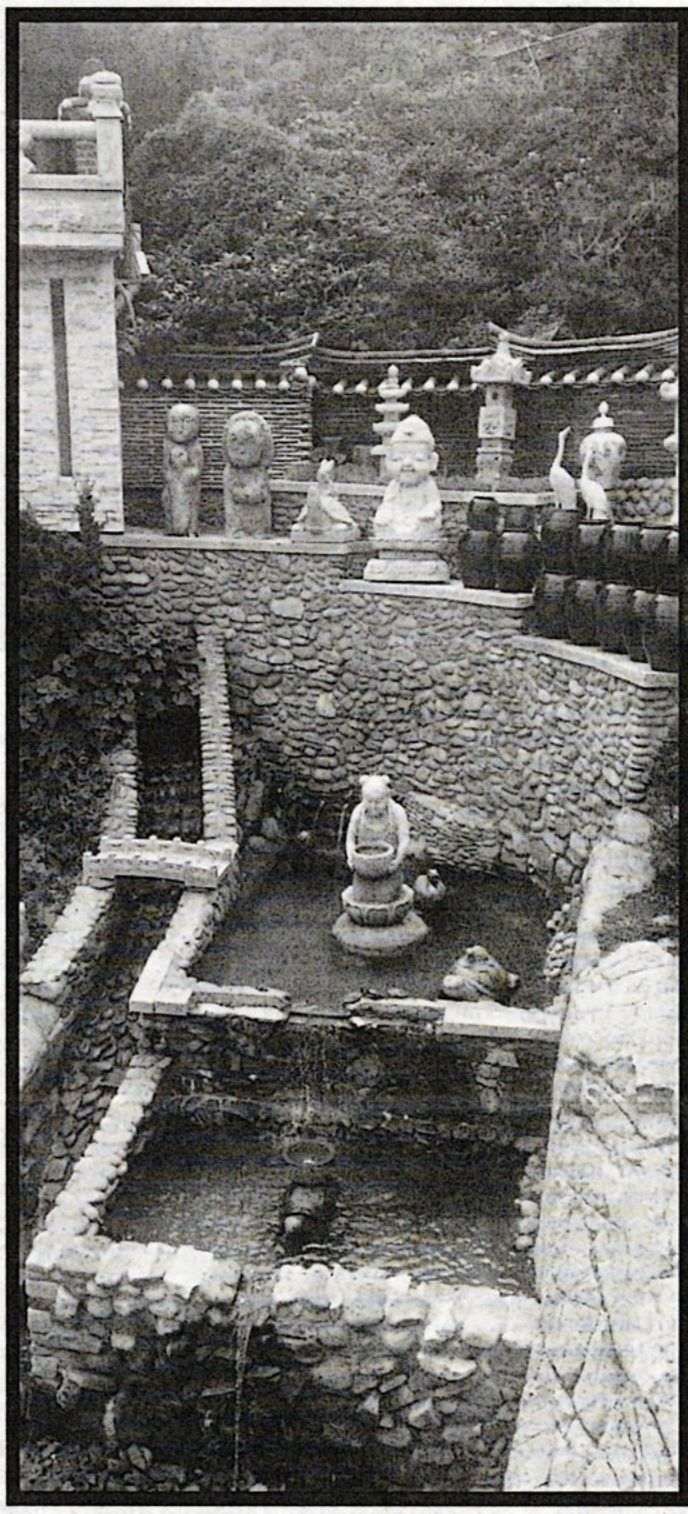
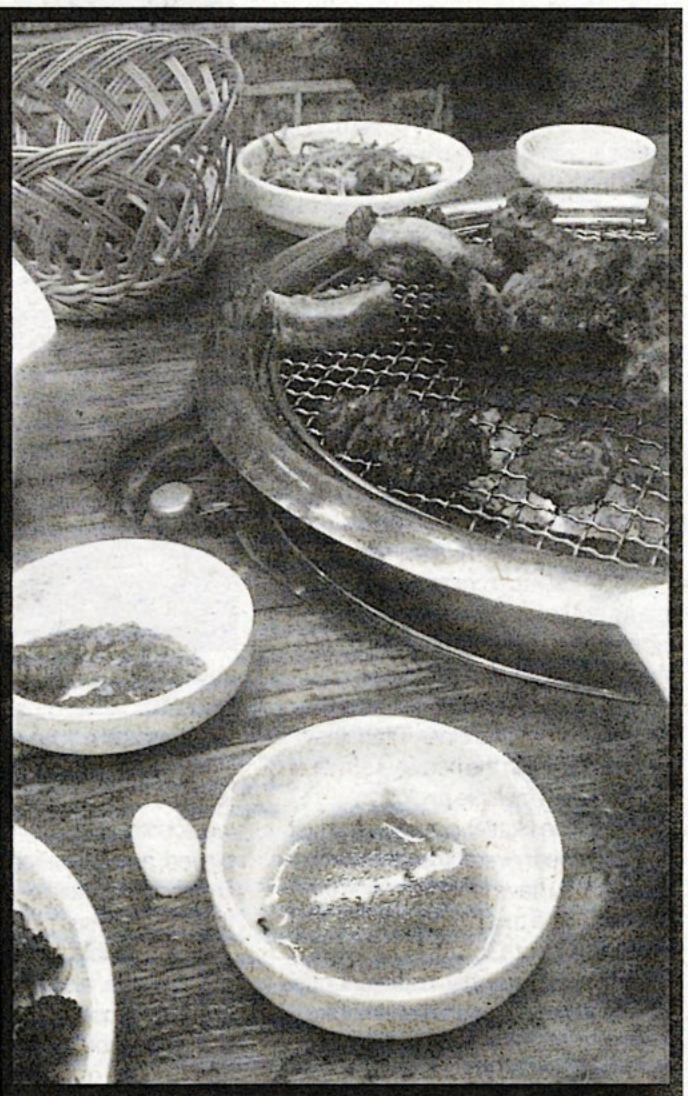
# Campus News

## Study Abroad Adventures in Korea

By Katrina Weicht
Contributing Writer





**Left:** Many Asian cultures believe the number "4" is unlucky because it is a homophone with the Chinese word for "death." In fact, some hotels and apartment complexes go so far as to skip the fourth floor when numbering the levels, and some phone companies will not begin a phone series with "4".

**Above:** Bulgogi is very common in Korea. In fact, there are bulgogi flavoured hamburgers sold in restaurants like McDonald's, in addition to the traditional burgers offered there.

Photos taken by Katrina Weicht

New Zealand. Ireland. Japan. Spain. China. These are just a few of the countries where Saint Leo students can visit through GlobaLinks, a Saint Leo partner program that allows students to study abroad. Through GlobaLinks, I am exploring South Korea including temples, Busan, and local food.

On our first full day in Busan, it was a really amazing experience to walk around one of the oldest Buddhist temples in South Korea (Hae-dong Yong-gung-sa), originally founded in 1376. It was completely destroyed during a Japanese invasion and then reconstructed in the early 1930s. The Busan tour guide told us that Buddhists built their temples in the mountains because the country was once very anti-Buddhist leading to the attempted eradication of Buddhists and their temples, thus the sanctuaries were often hidden and secluded in the mountains.

The entrance to this temple was lined with stone statues. There were statues for the Chinese zodiac on the left. In the tale of the Chinese zodiac, the Rat was the first to enter the Jade Emperor's kingdom of Heaven, and thus the statue comes first in sequence.

Next to the largest temple in the area is a massive statue of Buddha. The main sanctuary is where most people go to pray. Many people believe that praying in this temple will answer or grant one of your deepest wishes, so a lot of people visit. I didn't want to be offensive while others were praying, so I didn't get any pictures inside because of how sacred it was.

If you want to go in the temple, you must remove your shoes. Once inside, you grab a mat from the back corner and find a spot on the floor in front of Buddha. You raise your hands and put them together, kneel down with knees on the floor, lower your head and your body to your legs, and raise your hands to Buddha. You pray quietly while you do this, then you bring your hands together in front of your chest, straighten up, stand, and repeat the process two more times for a grand total of three.

The "Lucky Bridge" is a bridge where you traditionally throw 40 won (four 10-cent pieces) into the water, aiming for the bowl on the turtle or the one Buddha is holding. It's to help you get rid of bad luck. If one of your coins lands in the bowl, it is said you will be blessed with extra good luck.

Another place of prayer is a shrine for Bathing the Buddha. With both hands, you pick up the ladle and scoop up water surrounding Buddha, then carefully and slowly pour it over his head. It is said you are given a promise, which is the promise to end your suffering and ignorance. Afterwards, you put your hands together against your chest and bow before you proceed down the steps behind, going to a freshwater stream.

Once you're down in the cave, you take one of the little scoops and rinse your hands before you take a sip from the cup. The same cup as every single other person who went before you. I did it, too. It was really refreshing.

The scenery is amazing, too. The forecast called for rain, but it was only overcast and breezy when we went. It was also incredibly humid, which is nothing that a Floridian can't handle.

For dinner we had Korean BBQ. (bul-go-gi, grilled marinated beef) with (kim-chi, a spicy side dish usually consisting of cabbage and red pepper paste as well as chopped red pepper and other seasoning).

The meat was all thrown onto the grill at once in one long strip. After it cooked for a short while and became more tender, you pick it up and cut it with scissors and grill the smaller pieces until they brown, then you put it at the edge to take it off the heat until someone is ready to eat it. We had to do this ourselves. The wait staff frequently came over to change the grill because sometimes the burnt bits made for high flames.

Later that night, I went shopping with seven other GlobaLinks girls.

Our second to last stop was for (bing-su, a shaved ice dessert with different toppings). One flavor is cheese bingsu, which has shaved ice topped with Parmesan, cheesecake cubes, vanilla ice cream, and cranberries. Another flavor is red bean bingsu, one of the most popular kinds in Korea, which was shaved ice topped with red bean paste, (tteok, rice cake), and ground nutmeg powder. They also give you a little cup containing condensed milk, which is poured right on top of the patbingsu to add sweetness to the dessert. Personally, I don't think it was too good at all, so I didn't have much of it. I actually didn't like either of them too much but it was refreshing nonetheless.

# Arts & Entertainment

## The Beginning of Post-Apocalyptic Destiny

By Austin Chiavaroli
Staff Writer

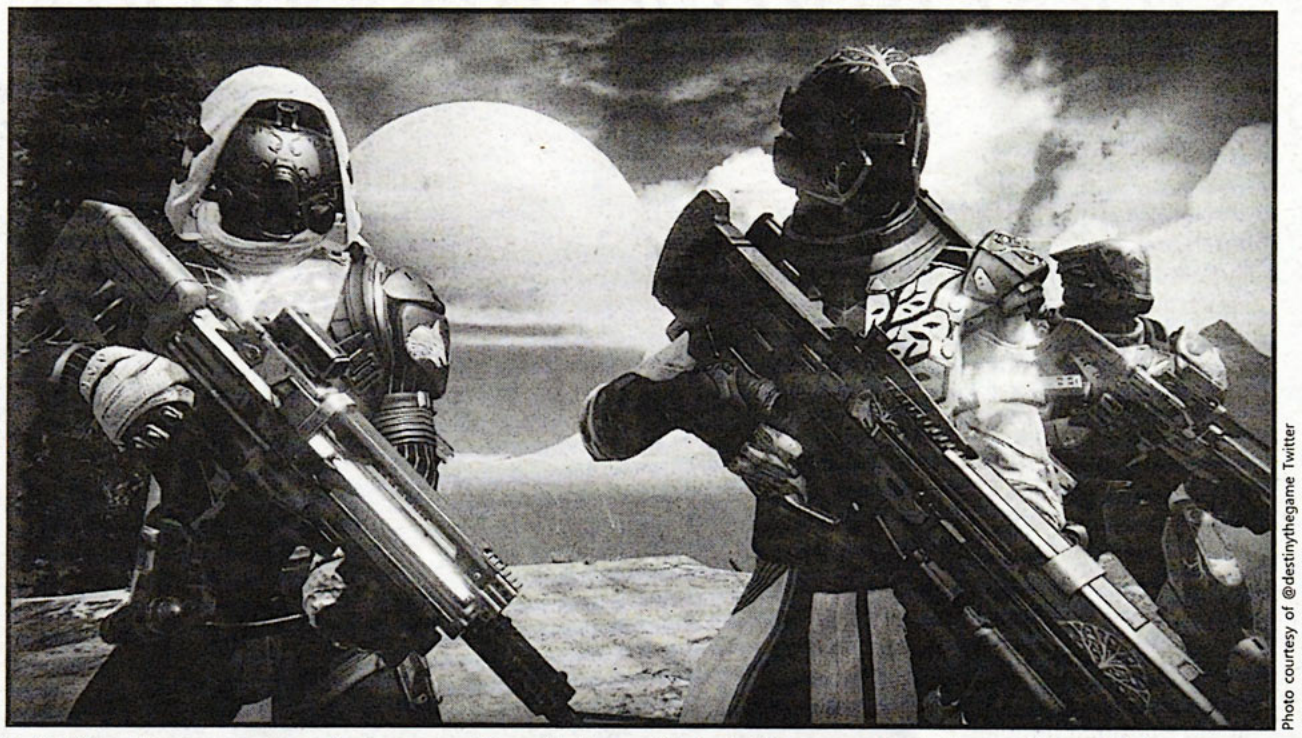


Photo courtesy of @destinythegame Twitter

In Destiny, players can choose to become a Titan, Hunter, or Warlock. Titans are slow but armor heavy, Warlocks are agile but armor light, and Hunters are a mix.

The upcoming Sept. 9 release for the Xbox One, Xbox 360, PS4 and PS3, is the hyped game "Destiny." This game is made by the creators of Halo and Bungie, and the publishers of Call of Duty and Activision.

The story takes place in a post-apocalyptic Earth in a future where the last known remaining colony of humans survives in "The City." They are threatened by the Fallen and the Hive, which are two of the known alien races in the game. Both races have the goal of conquering all of the solar system and have come close conquering Earth. It is the player's duty to save "The City" and the rest of the Solar System.

The playable characters in this game are called "Guardians" which can be played as either gender. There are three forms of guardians known as Titans, Hunters, and Warlocks. If the player chooses the class Titan, they are adorned with the heaviest armor and will later earn multiple explosive abilities. The Hunter class is the most agile and wear average armor, which means they have less protection than Titans but are much more mobile. The Hunters have a "Golden Gun," which is a three shot pistol that instantaneously disintegrates anyone in its line of fire. Warlocks have the least armor of the three, but make up for it with a massive area of affect spells.

The pre-order beta was released on July 17 for both Sony PlayStation systems and on July 22 for Microsoft's Xbox systems. The beta player count was 4.6 million players over the one week beta, with 88 million games played, and 6.5 million guardians created, with most people testing out the player versus player option.

In "Crucible," the player versus player mode, also known as PVP, there are four maps, but one beta game type being "Control." Control is a combination of king of the hill, which is a territorial control game mode, and team death match, which is two teams fighting to the death. Gear was rounded in "Crucible;" however, the iron banner is a competitive PVP game mode where gear matters and is not equalized.

PVE, also known as player versus environment, is where the player fights against computer programs known as NPC's- non-playable characters. In PVE, there are dungeons, which are group activities that the players are dropped into and fight their way through objectives to survive. There are events as well in PVE, in which anyone in the zone holding the event can attend.

The game is an MMORPG, a genre known more commonly as massive multiplayer online role playing game. This means that servers are not cross platform, so one console is not compatible with others. This makes the communities smaller and wait time for games longer than average MMO's.

Due to Destiny being created by Bungie, the game is looking like it will be a big success and will bring in new gamers and PC gamers to the console gaming community. People who play first person shooters such as Halo and Call of Duty will likely return and love this game.

## New Heroic Team: Guardians of the Galaxy

By Austin Chiavaroli
Staff Writer

Marvel Comics, astonished audiences with their release of "The Avengers" directed by Joss Whedon, and have done it once more with their recent release of "Guardians of the Galaxy" directed by James Gunn.

The movie is based on the comic books of the same name, with five team members that join together to fight the evils that threaten the galaxy. Chris Pratt plays Peter Quill or "Star-Lord," as he likes to be called, who is the leader of the team and a terrestrial thief who goes after protected and secret treasures. Zoe Saldana plays Gamora, the formidable assassin who is out for redemption for her past as a killer for her adoptive father. Dave Bautista is Drax, the brute of the team who is full of rage and out to take revenge on the killer of his family. Bradley Cooper is Rocket, a talking raccoon and bounty hunter with a nasty attitude. Vin Diesel plays the giant sentient tree Groot, the loyal ally of Rocket.

These five individuals, seen by many across the galaxy as criminals, have to come together when they are faced with the major threat of Ronan (Lee Pace), who has allied with the galactic threat of Thanos (Josh Brolin). Ronan leads an army to destroy a rival planet, and it's up to the Guardians to save the galaxy from Ronan's reign of terror.

"Guardians of the Galaxy" has become number one in the box office, earning 94 million dollars on the first weekend showings and currently is currently around 280 million dollars domestically, according to The Associated Press. The diverse characters and comedic moments have delighted the majority of people who have gone to see the film. The original motion picture soundtrack, "Awesome Mix, Vol.1," put together and produced by Dave Jordan, has become the top album on iTunes containing a collection of classic hit songs from the iconic mixtape that Peter Quill listens to and carries on hand. The album has sold 109,000 copies in the past couple of months, according to Finance.yahoo.com.

Photo courtesy of @guardians Twitter

Starlord lets Gamora listen to Awesome Mix Vol. 1 on his prized Walkman.

If there is one issue with the movie, it is that the film never has a break between scenes. The movie is very fast with action packed adventure in one scene, and comedic jokes and serious dialogue in the next. Viewers have had to sometimes view the movie twice to get everything that the movie throws at them. This isn't a bad thing financially for the film, as many movie goers have found it enjoyable to see multiple times. The special effects in the movie are phenomenal especially around the character of Rocket and Groot due to them being non-human creatures.

If there was a summer blockbuster that should be on anyone's list this year, Marvel's "Guardians of the Galaxy." This movie is great for any fan of comic book adapted movies.

# Arts & Entertainment

## Back to School Bash Delights and Excites

All photos courtesy of Trejon Baynham

By Trayjon Baynham and Jessica Miller
Staff Writer

Students lined up in the bowl for a plenthora of activties all designed with stidents in mind. Before students become busy with academics, jobs and clubs, they got the opportunity to enjoy a Saturday filled with engaging activites.

To help beat the 90 degree and plus heat, students were able to jump and play in an inflatable bubble-house. Students were able to enjoy the endless supply of bubbles with as many friends that could fit in with them. And then to really cool off, students could pick up a sweet smoothie.

Students were able to have custom t-shirts made with spray paint designs to wear proudly around campus, and custom back to school posters to spruce up residence halls.

Live
Learn
Lions' Pride
Twitter.com/TheLionsPride
facebook.com/TheLionsPrideNewspaper

microwave clean is to pay attention to them while you are using them and clean out any messes inside of them when they first happen. The longer you let messes sit in these appliances the harder it is to clean them out.

**All Smoke, Streaks, Smudges and Mirrors!**

Mirrors are great for doing your makeup, cleaning your teeth or seeing how fabulous your outfits are. They are not, however, great for writing or drawing on. Mirrors, like glass and windows, can smudge easily and are hard to clean. Mirrors also have a knack for retaining any marks left on them from grubby fingers or dry erase markers because of the oily consistency of fingerprints and marker ink. The best way to clean mirrors is to spray them with window or glass cleaner and wiping them quickly in large, circular motions with a dry paper towel. Just repeat the process until your mirrors have as close to a streak-free shine as possible.

**A Room without any Animals would Smell Sweeter:**

Residence Life tells students every year that pets are not allowed on campus and with good reason. Pets are a pain to clean up after and are a health and safety risk. Some people are allergic to animals and these allergies can be severe. Sometimes all it takes to set off someone's allergies is to come in contact with pet hair on the clothes of another person.

It is hard cleaning up after your pets because their hair gets everywhere and their dander leaves a certain musky smell in rooms even after the room is cleaned. I can say from experience that some students did not clean up after their pets before the Summer months came and we found dander, hair and musk in some rooms and paw prints in the dust of others. One room even had fleas and it took most of the summer to eliminate the fleas, their eggs and their larva.

**As Ye Shall Sow, Ye Shall Reap:**

The last tip I have for cleaning is to be attentive to your rooms, clean up any messes as they happen, and try to keep on top of dusting your room. People will judge you if you live in filth and no one wants to be judged for that. Just remember: a clean living area is a happy and healthy living area!

Photo provided by Craig Graves

If liquids are not cleaned up quickly and correctly, they may stain.

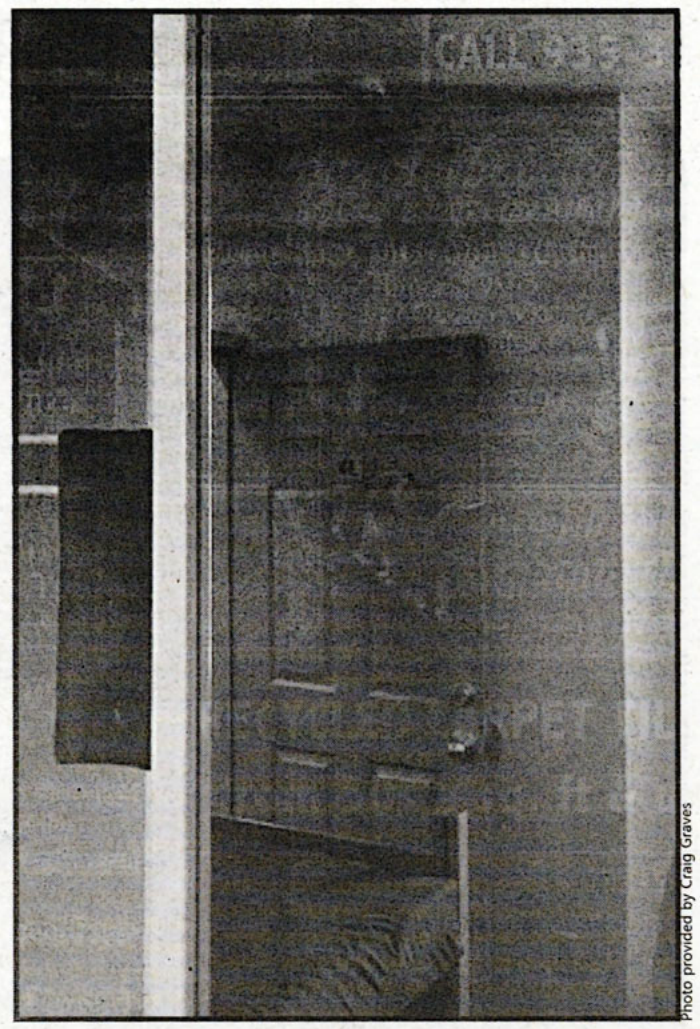


Photo provided by Craig Graves

The longer smudges are on a mirror, the longer they leave a stain.

# Rewards When Dining Locally with Private Businesses

By Jessica Miller
Layout Editor

## San Antonio

**A Cup of Organic::**

*Popular items:* Turkey, bacon and cheese croissant and coffee granitas, which is a "frozen coffee Slurpee," said owner Douglas Torres.

*Offers:*

- 10% discount to all students and staff of the University
- Check out Facebook page for information on their happy hour specials.

Location: 33024 State Road 52, San Antonio, FL 33576

**Al's Pizza Shop:**

*Popular items:* Originally known as "Al's Famous Pizza" for 22 years until grandson nd current owner, Heath Dorr, took over and renamed it "Al's Pizza Shop" after a family nickname of the restaurant. Yet, even after the change in ownership, the stand-out food remains: Ybor City Style Cuban sandwich with a family made sauce, Meat Liker pizza,and Greek salads. "We just want to create a fun environment … [to] just relax," says Dorr.

Location: 11929 Curley Street, San Antonio, FL 33576

**Local Public House and Provisions and Pearl in the Grove:**

*Popular items:* Craft beers and a wide variety of foods, like their friend green tomato BLT and po' boys, that are all from local farms and businesses. Rebecca and Curtis Beebe are the owners of the two restaurants. Curtis states, "We price things fairly."

Location: Local Public House and Provisions—32750 Pennsylvania Avenue, Corner of Curley Road, San Antonio, Fl and Pearl in the Grove—31936 Saint Joe Road, Dade City, FL 33525

## St. Leo

**The Abbey Tavern:**

*Popular items:* Half pound Black Angus beef burgers, such as the Cowboy, Braveheart and Blue and Black. Large chicken wings, served with three levels of hot sauces and a variety of dips according to owner of 8 years, Ben Bates. Every day, the restaurant provides what Bates calls "a fast option" entrée at lunch time for on-the-go customers.

*Offers:*

- Different special every day, along with certain, weekly reoccurring specials, like seafood chowder on Fridays.
- Happy Hour for all alcoholic drinks from 3:00 P.M. to 6:00 P.M.
- There are random days where there will be extra specials. It order to see those, one must visit their Facebook page.

Location: 33640 State Road 52, St. Leo, FL 33574